

**The University of Alabama Psychology Clinic**  
**TEST APPROACH AGREEMENT**

Now we are going to begin with the assessment process. Like medical tests, psychological tests are reliable, valid, and good at detecting difficulties like you are reporting. If your difficulties are sufficient to qualify for a diagnosis, these tests will detect that.

Occasionally people exaggerate or give poor effort to make sure we detect their difficulties. However, doing so interferes with the results and limits our ability to provide accurate impressions.

There are a variety of tests we will be doing to complete this evaluation. It is imperative that you give your best effort on all tests. It is also critical that you be honest in your approach so that you do not exaggerate or under-report problems.

Some of the tests we will be doing have built in measures to assess a person's effort and honest responding. If the results indicate that you displayed poor effort or non-genuine responding, we will not have confidence in your results and may not be able to answer the question(s) that brought you here. Please know that if you indeed have some type of cognitive or emotional problem, the results will show that if you respond honestly and with adequate effort. Thus, there is no reason to put forth inadequate effort nor be less than honest.

*I, \_\_\_\_\_, understand that this evaluation requires my honest and genuine responding. I also understand that if the results indicate that I did not respond as such, the results may be considered invalid and uninterpretable.*

*I also agree not to use my cell phone during this evaluation unless for emergency.*

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Examiner

\_\_\_\_\_  
Date